This listing of claims will replace all prior versions and listings of claims in the application:

## **Listing of Claims:**

32. (New) A method of decreasing the drowsiness of an individual, comprising the steps of:

removing a towelette from a dispenser, said towelette being impregnated with a stimulating organic substance; and

contacting skin of said individual with said towelette so than an amount of said stimulating organic substance effective to decrease drowsiness of said individual is transferred from said towelette to said skin of said individual.

33. (New) The method of claim 32, further comprising the steps of:
vaporizing a quantity of said stimulating organic substance transferred from
said towelette to said skin of said individual so as to create vapors of said stimulating
organic substance; and

said individual breathing in an amount of said vapors of said stimulating organic substance effective to decrease said drowsiness of said individual.

- 34. (New) The method of claim 32, wherein said skin is located on a facial area of said individual.
- 35. (New) The method of claim 32, wherein said dispenser includes a casing which defines a cavity, and said cavity contains a number of said towelettes.
- 36. (New) The method of claim 32, wherein said stimulating organic substance is dispersed in a pharmaceutically acceptable carrier.
- 37. (New) An apparatus for contacting the skin of an individual so as to decrease the drowsiness of said individual, comprising:

a towelette impregnated with a stimulating organic substance, wherein said stimulating organic substance is present on said towelette in an amount such that a quantity of said stimulating organic substance effective to decrease said drowsiness of said individual is transferred from said towelette to said skin of said individual when said towelette is placed in contact with said skin of said individual.

- 38. (New) The apparatus of claim 37, further comprising a dispenser which includes a casing that defies a cavity, wherein said cavity contains a number of said towelettes.
- 39. (New) The apparatus of claim 37, wherein said stimulating organic substance is dispersed in a pharmaceutically acceptable carrier.
- 40. (New) The apparatus of claim 37, wherein said stimulating organic substance includes a material selected from the group consisting of monomenthyl succinate, alkali metal salts of monomenthyl succinate, alkaline earth meal salts of monomenthyl succinate, carboxamides, and ketals.